



September

										Sunday	1		
										Sensory Craft with Modelling Dough			
Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday	6	Saturday	7	Sunday	8
Chair Exercise with Jodie - 10am		Sports Games		Bingo		Aromatherapy Session		Alan Turner 2pm		National Cinema Day - Movie Afternoon with popcorn		International Literacy Day - Book Quiz	
Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday	13	Saturday	14	Sunday	15
Chair Exercise with Jodie - 10am		Richard & Honey Singer with a Dog 2pm		Cookie Baking		Balloon Tennis Sweet Shop 3pm		Arts and Crafts Painting		Afternoon Tea		Music Singalong	
Monday	16	Tuesday	17	Wednesday	18	Thursday	19	Friday	20	Saturday	21	Sunday	22
Chair Exercise with Jodie - 10am Traditional English Food Week		Friendship Lunch at the Flyline 12pm Joseph O'Brien Singer		11am Residents Meeting Bowling		National Talk like a Pirate Day - Pirate themed activities		Memories of school days - Reminiscing with Trish 2pm		International Day of Peace Dominoes		Autum Equinox Autumnal colouring	
Monday	23	Tuesday	24	Wednesday	25	26	27	28	29				
Chair Exercise with Jodie - 10am		Spa Afternoon		National Fitness Day Motion with Archie 2pm		Board Games Afternoon		Bowls Match		Parlour Games : Charades		Music Quiz	
Monday	30												
Chair Exercise with Jodie - 10am													

Events:

Please be aware that the activities are subject to change possibly at short notice.